



## The Beauty Barn

### **Botox Post Treatment Instructions**

- Try to use the injected muscles for the first 1-2 hours after treatment: practice frowning, raising your eyebrows and squinting. This helps work the neurotoxin (such as Botox) into your muscles. Although this is thought to help, this will not impact your treatment negatively if you forget.
- The results of your treatment can take up to 14 days to take full effect. Usually patients notice a change in 4-5 days. It takes time for the muscles to lose strength and the lines to fade following treatment. Please wait until 14 days have passed before assessing if you are pleased with the results.
- Do not touch or rub the injected site for 2-4 hours following treatment. Avoid exercise and sweating for the remainder of the day and no lying down or leaning forward for 2-4 hours after treatment.
- There can be a slight chance of bruising at the treated site, this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.
- Avoid any type of facial, microdermabrasion, or massage for 7 days after treatment.
- Neurotoxin treatment is a temporary procedure and at first, you may find that your treatment results will last approximately 3 months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 3 months.
- Your satisfaction is important to us! We would like you to return to the office in 2 weeks for a follow-up assessment appointment, especially after your first treatment. This will ensure we are able to see how your facial muscles react to your treatment.
- Remember your sunscreen every day.

*For any questions or concerns you may call or text 678-824-5466  
or email us at [beautybarn427@gmail.com](mailto:beautybarn427@gmail.com).*